

## **Learning Pathway: Starter**



## Overview

Congratulations on your decision to start learning the harp! If you are brand new to the harp then this pathway is for you. This pathway will help complete beginners, or anyone looking to brush up on their essential foundations. You can work through any module at your own pace. We do suggest working through the modules in order to ensure that you are building good foundations and habits as you go. Enjoy!

	YouTube Complete Harp Beginners Series	
	These sessions can be found on Heather's YouTube channel	
	COMPLETE HARP BEGINNER Session 1: How Does A Harp Work?	
	COMPLETE HARP BEGINNER Session 2: How To Tune a Harp	Ш
	COMPLETE HARP BEGINNER Session 3: How To Sit At Your Harp Correctly	Ш
	COMPLETE HARP BEGINNER Session 4: Hand & Arm Position	
	COMPLETE HARP BEGINNER Session 5: How To Place Your Fingers on a Harp	
	COMPLETE HARP BEGINNER Session 6: How to Pluck Harp Strings	
	COMPLETE HARP BEGINNER Session 7: How to pluck with your thumb	
	COMPLETE HARP BEGINNER Session 8: Learn Your First Harp Tune - 'First Steps'	
	COMPLETE HARP BEGINNER Session 9: Troubleshooting	
	COMPLETE HARP BEGINNER Session 10: Learn 'Three's A Crowd'	
	STRETCH YOUR LEARNING: Think about your harp learning routine. When is the best time for you to play the harp? How can you begin to make it a habit to find time at the harp?	
	How To Harp 'Starter' Course	
li n to o	oin in with the next starter course! These are run every 3/4 months ve. You can find last recording of the 6 week starter course in the nembership, but following along live will give you the opportunity of meet other harpists, ask Heather questions and generally engage on a deeper level. Check the calendar to find out when the next ourse is due, or email hello@howtoharp.com.	



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Developing Your Technique			
<ul> <li>TECHNIQUE BANK: COURSES: Harp Made Easy</li> <li>Foundation 1 - Body and Mind</li> <li>Foundation 2 - Placing</li> <li>Foundation 3 - Plucking</li> <li>Foundation 4 - Bending</li> </ul>			
Inspiration			
WORKSHOP: Wendy Stewart In the Snow Where The Deers Are - 'easy part' CONCERT SERIES: Heather Downie in Concert			
Additional Learning			
Record any additional learning tasks, activities, questions or thoughts here:  O			
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