

Learning Pathway: Starter

Overview

Congratulations on your decision to start learning the harp! If you are brand new to the harp then this pathway is for you. This pathway will help complete beginners, or anyone looking to brush up on their essential foundations. You can work through any module at your own pace. We do suggest working through the modules in order to ensure that you are building good foundations and habits as you go. Enjoy!

YouTube Complete Harp Beginners Series - Session 1 to 7

These sessions can be found on the Heather Downie Harpist YouTube Channel

COMPLETE HARP BEGINNER Session 1: How Does A Harp Work?



COMPLETE HARP BEGINNER Session 2: How To Tune a Harp



COMPLETE HARP BEGINNER Session 3: How To Sit At Your Harp Correctly



COMPLETE HARP BEGINNER Session 4: Hand & Arm Position



COMPLETE HARP BEGINNER Session 5: How To Place Your Fingers on a Harp



COMPLETE HARP BEGINNER Session 6: How to Pluck Harp Strings



COMPLETE HARP BEGINNER Session 7: How to pluck with your thumb



How To Harp 'Starter' Course

Join in with the next starter course! These are run every 3/4 months live. You can find last recording of the 6 week starter course in the membership, but following along live will give you the opportunity to meet other harpists, ask questions and generally engage on a deeper level. Check the calendar to find out when the next course is due, or email hello@howtoharp.com.

STARTER COURSE Session 1 : Positions Using the 2nd Finger

- *Exercise:* 2nd Finger Warm Up
- *Tune:* It's All In the Colours



STARTER COURSE Session 2 : Placing 2 Fingers

- *Exercise:* 2nd Finger and Thumb Warm Up
- *Tune:* Twinkle Twinkle Little Star



STARTER COURSE Session 3 : Placing 3 Fingers

- *Exercise:* 3 Finger Warm Up
- *Tune:* The Magic Number



Learning Pathway: Starter

STARTER COURSE Session 4 : 2 and 3 Fingers

- *Exercise:* 2 and 3 Finger Warm Up
- *Tune:* Little Waterfall

☐

STARTER COURSE Session 5 : Placing 4 Fingers

- *Exercise:* Individual Fingers Part 1 Warm Up
- *Tune:* The Peppercorn Polka

☐

STARTER COURSE Session 6 : Stretching The Hand

- *Exercise:* Individual Fingers Part 2 Warm Up
- *Tune:* Morning Stretch

☐

YouTube Complete Harp Beginners Series: Sessions 8 - 10

These sessions can be found on the Heather Downie Harpist Youtube Channel.
You are now ready to complete sessions 8 - 10

COMPLETE HARP BEGINNER Session 8: Learn Your First Harp Tune - 'First Steps'

☐

COMPLETE HARP BEGINNER Session 9: Troubleshooting

☐

COMPLETE HARP BEGINNER Session 10: Learn 'Three's A Crowd'

☐

STRETCH YOUR LEARNING: Think about your harp learning routine.
When is the best time for you to play the harp? How can you begin to
make it a habit to find time at the harp?

☐

Developing Your Technique

Consolidate your learning and develop excellent harp technique by going over these
foundations from the Harp Made Easy Course

TECHNIQUE BANK: COURSES: Harp Made Easy

- Foundation 1 - Body and Mind
- Foundation 2 - Placing
- Foundation 3 - Plucking
- Foundation 4 - Bending

☐
☐
☐
☐

Inspiration

WORKSHOP: Wendy Stewart In the Snow Where The Deers Are - 'easy part'

☐

CONCERT SERIES: Heather Downie in Concert

☐